



# FACT SHEETS ON HIV/AIDS

## 100: BACKGROUND INFORMATION

- 101. What is AIDS?
- 102. HIV Testing
- 103. Acute HIV Infection
- 105. How HIV Drugs Get Approved
- 106. HIV Life Cycle

## 120: LABORATORY TESTS

- 120. Normal Laboratory Values (2 pages)
- 121. Complete Blood Count (CBC)
- 122. Chemistry Panel
- 123. Blood Sugar and Fats
- 124. CD4 cell Tests
- 125. Viral load tests
- 126. Resistance tests
- 127. Monitoring Drug Levels
- 128. Body Composition Tests
- 129. Tropism Test

## 150: PREVENTING HIV INFECTION

- 150. Stopping the Spread of HIV
- 151. Safer Sex Guidelines
- 152. How Risky Is It?
- 153. Condoms
- 154. Drug Use and HIV
- 155. Harm Reduction
- 156. Post Exposure Prophylaxis
- 157. Microbicides
- 158. AIDS Myths and Misunderstandings
- 159. AIDS Vaccines
- 160. Pre-exposure Prophylaxis (PrEP)

## 200: LIVING WITH HIV

- 200. Important Resources in the US
- 201. How Do I Start?
- 202. Choosing an HIV Care Provider
- 203. Medical Appointments
- 204. Telling Others You're HIV-Positive
- 205. Participating in a Clinical Trial
- 206. How to Spot HIV/AIDS Fraud
- 207. Vaccinations and HIV
- 208. Selling your Life Insurance
- 209. HIV Health Checklist

## 400: MEDICATIONS TO FIGHT HIV

### 400. BACKGROUND

- 400. HIV Life Cycle
- 401. Taking Current Antiretroviral Drugs
- 402. Drug Names and Manufacturers
- 403. Antiretroviral Therapy (ART)
- 404. ART Guidelines
- 405. Adherence
- 406. Treatment Interruptions
- 407. Drug Interactions
- 408. Salvage Therapy

### 410. NUCLEOSIDE ANALOG REVERSE TRANSCRIPTASE INHIBITORS

- 411. Zidovudine (AZT, Retrovir)
- 412. Zalcitabine (ddC, Hivid)
- 413. Didanosine (ddl, Videx)
- 414. Stavudine (d4T, Zerit)
- 415. Lamivudine (3TC, Epivir)
- 416. Abacavir (Ziagen)
- 417. Combivir (zidovudine + lamivudine)
- 418. Trizivir (zidovudine + lamivudine + Abacavir)
- 419. Tenofovir (Viread)
- 420. Emtricitabine (Emtriva)
- 421. Truvada (tenofovir + emtricitabine)
- 422. Epzicom (abacavir + lamivudine)
- 427. Hydroxyurea (Hydrea)

### 430. NON-NUCLEOSIDE REVERSE TRANSCRIPTASE INHIBITORS

- 431. Nevirapine (Viramune)
- 432. Efavirenz (Sustiva)
- 433. Delavirdine (Rescriptor)
- 434. Etravirine (Intelence)
- 435. Rilpivirine (Edurant)

### 440. PROTEASE INHIBITORS

- 441. Indinavir (Crixivan)
- 442. Ritonavir (Norvir)
- 443. Saquinavir (Invirase)
- 444. Nelfinavir (Viracept)
- 445. Amprenavir (Agenerase)
- 446. Lopinavir (Kaletra)
- 447. Atazanavir (Reyataz)
- 448. Fosamprenavir (Lexiva)
- 449. Tipranavir (Aptivus)
- 450. Darunavir (Prezista)

### 460. ATTACHMENT AND FUSION INHIBITORS

- 461. Enfuvirtide (Fuzeon)
- 462. Maraviroc (Celsentri, Selzentry)

### 465. INTEGRASE INHIBITORS

- 465. Raltegravir (Isentress)
- 466. Elvitegravir
- 467. Dolutegravir

### 470. COMBINATION THERAPY

- 470. Combination Medications
- 471. Complera (rilpivirine + tenofovir + efavirenz)
- 472. Atripla (emtricitabine + tenofovir + efavirenz)

- 473. Triumeq (dolutegravir+abacavir+lamivudine)
- 474. Stribild (elvitegravir + cobicistat + emtricitabine + tenofovir)

## 480: STRENGTHENING THE IMMUNE SYSTEM

- 481. Immune Restoration
- 482. Interleukin-2
- 483. Immune Restoration Syndrome
- 484. HIV and Inflammation
- 485. Can HIV Infection be Cured?
- 494. Recreational Drugs and HIV

## 500: OPPORTUNISTIC INFECTIONS AND RELATED DISEASES AND TREATMENT

### 500. OPPORTUNISTIC INFECTIONS AND RELATED DISEASES

- 500. Opportunistic Infections Overview
- 501. Candidiasis (Thrush)
- 502. Cryptosporidiosis
- 503. Cryptococcal meningitis
- 504. Cytomegalovirus (CMV)
- 505. Nervous System Problems and Dementia
- 506. Hepatitis and HIV
- 507. Hepatitis C and HIV
- 508. Herpes Simplex (Cold Sores and Genital Herpes)
- 509. Herpes Zoster (Shingles)
- 510. HPV (Human Papillomavirus)
- 511. KS (Kaposi's Sarcoma)
- 512. Lymphoma
- 513. Molluscum
- 514. Mycobacterium avium complex (MAC)
- 515. Pneumocystis pneumonia (PCP)
- 516. Progressive multifocal leucoencephalopathy (PML)
- 517. Toxoplasmosis
- 518. Tuberculosis (TB)
- 519. Wasting Syndrome
- 520. Cancer and HIV

### 530: DRUGS TO TREAT OPPORTUNISTIC INFECTIONS

- 530. Azithromycin (Zithromax)
- 531. Ciprofloxacin (Cipro)
- 532. Clarithromycin (Biaxin)
- 533. Dapsone (Avlosulfon)
- 534. Fluconazole (Diflucan)
- 535. Trimethoprim/Sulfamethoxazole, Cotrimoxazole
- 536. Filgrastim (Neupogen)
- 537. Pentamidine
- 538. Atovaquone (Mepron)

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## **550: SIDE EFFECTS AND THEIR TREATMENT**

### 550: SIDE EFFECTS

- 550. Side Effects – Overview
- 551. Fatigue
- 552. Anemia
- 553. Body Shape Changes (Lipodystrophy)
- 554. Diarrhea
- 555. Peripheral Neuropathy
- 556. Mitochondrial Toxicity
- 557. Osteoporosis
- 558. Depression and HIV
- 559. Osteonecrosis

## **600: PATIENT POPULATIONS**

- 610. Women and HIV
- 611. Pregnancy and HIV
- 612. Children and HIV
- 613. Couples With Mixed HIV Status
- 615. HIV in Prisons and Jails
- 616. Older People and HIV

## **650: HIV and RELATED DISEASES**

- 651. HIV and Kidney Disease
- 652. HIV and Cardiovascular Disease
- 653. HIV and the Mouth

## **670: HEPATITIS C**

- 670. Hepatitis C Virus Life Cycle
- 671. Hepatitis Laboratory Tests
- 672. Liver Biopsy
- 673. Preventing Hepatitis C Infection
- 674. Hepatitis C Genotypes
- 675. Hepatitis C Viral Load
- 680. Interferon and Ribavirin
- 682. Telaprevir (Incivek)
- 683. Boceprevir (Victrelis)

## **700: ALTERNATIVE AND COMPLEMENTARY THERAPIES**

- 700. Alternative & Complementary Therapies – Overview
- 702. Ayurvedic Medicine
- 703. Chinese acupuncture
- 704. Chinese herbalism
- 708. Native American Traditional Healing
- 722. Cat's claw
- 724. DHEA
- 725. DNCB
- 726. Echinacea
- 727. Essiac
- 729. Hypericin (St. John's Wort)
- 731. Marijuana
- 735. Silymarin (Milk Thistle)

## **800: NUTRITION AND EXERCISE**

- 800. Nutrition
- 801. Vitamins and Minerals
- 802. Exercise and HIV
- 803. Smoking and HIV

## **900: INTERNET BOOKMARKS FOR AIDS**

- 925. The U.S. President's Emergency Plan for AIDS Relief (PEPFAR)

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